

JUST BOX WEEKLY CLASS TIMETABLE

View our weekly boxing and fitness classes in Kidman Park, Adelaide. Select any class to learn more.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00–6:45 am	Boxing Fitness	Boxing Skills	Boxing Fitness	Boxing Skills	Boxing Fitness	—
8:45–9:30 am	—	—	—	—	—	Boxing Fitness
4:30–5:15 pm	—	Kids BoxingAges 5–11	—	Kids BoxingAges 5–11	—	—
5:30–6:30 pm	All-Levels Boxing	All-Levels Boxing	All-Levels Boxing	Sparring & Competition Training	All-Levels Boxing	—
6:45–7:30 pm	All-Levels Boxing	Fighters Only	Boxing Fitness	Strength & Conditioning	—	—
7:30–8:15 pm	—	—	Women's Boxing	—	—	—